

AFTER AN EXTRACTION

- Gauze - Take 2-3 gauze fold into square. Get wet, squeeze excess water out, and then place in socket. **Must apply VERY firm pressure to stop bleeding.**
- No rinsing/swishing
- No spitting, if you feel like you need to spit, drool into a napkin
- No blowing your nose
- No drinking out of a straw
- No smoking
- No alcohol
- No Aspirin/ blood thinners
- No bending over or heavy lifting
- If given a narcotic, ie: Norco or Tylenol 3, no driving or operating heavy machinery

Take it easy, you had surgery today. If you have any questions give us a call at 517-629-9107